



Preeclampsia: What You Need to Know

5-8%

Between five and eight percent of pregnancies in the U.S. are affected by preeclampsia each year.

15-20%

Worldwide, 15-20% of pre-term births are attributable to preeclampsia.

7.4%

In the U.S. pregnancy-related deaths resulting from hypertensive disorders including preeclampsia is 7.4%.

2x-4x

Preeclampsia doubles stroke risk in women and quadruples high blood pressure risk later in life.

Women who suffer from preeclampsia can also experience mental health issues, including post-partum depression and post-traumatic stress disorder.

Economic Impact

Preterm birth not only puts newborns at risk, but also increases health care spending. The overall burden of preeclampsia was \$1.03 billion for mothers and \$1.15 billion for infants.

\$2.18 Billion

Policy Priorities

- ✓ Improve patient and provider awareness about preeclampsia symptoms and how to respond.
- ✓ Improve policymaker awareness about preeclampsia and other hypertensive disorders of pregnancy.
- ✓ Grow investment in preeclampsia research and its connection to short- and long-term health care risks.
- ✓ Collaborate with states and federal agencies to improve the maternal morbidity and mortality review process.
- ✓ Advance efforts to discover new screening and diagnostic tools and treatments.